



BCDS will be offering an interactive Shining Kids Yoga program!

Multidisciplinary programs offered by Creative Enrichment support children in developing their passions and building friendships as they organically cultivate knowledge and a love of learning.

Join us for a fantastic yoga adventure as we travel to the beach, the farm, the circus, outer-space, and beyond! Each class, we will travel to a new location using stories, music, movement, and our creativity! Yoga poses and deep breathing exercises will be introduced and incorporated into every adventure. Class will end with a calming story & relaxation.

This class is the perfect way to introduce yoga to your little one!



Registration due by September 10, 2021

**Dates: September 14, 21, 28,
October 5, 12, 19, 26,
November 2**

Times: 10:00 - 10:45

Ages 3-5 years old

Cost: \$215.00

Minimum 6 Students/Maximum 8 Students

Child's Last Name:

Child's First Name:

Child's Allergies/Medications: