

Chesterbrook Academy December 2021 Menu

Green text = fresh or frozen produce, wheat, whole-grain, & multi-grain items.

Red text = vegetarian option.

Week Beginning on November 29, 2021					
A.M. Snack	RICE KRISPIES CEREAL, MILK 1%	YOGURT, DICED MANGO, MILK 1%	WHOLE GRAIN ENGLISH MUFFIN, APPLE BUTTER, BLUBERRIES, MILK 1%	WG BLUEBERRY WAFFLE, MIXED BERRIES, MILK 1%	WG FRENCH TOAST STICKS, MILK 1%
Lunch	GRILLED CHEESE ON WHEAT, STRINGBEANS, DICED PEACHES, MILK 1%	RICE & BEANS, MANDARIN ORANGES, MILK 1%	WG PIZZA, MIXED VEGGIES, DICED PEARS, MILK 1%	WHOLE GRAIN CHICKEN PATTY (VO-CHICKEN NUGGETS), BROCCOLI FLORETS, APPLESAUCE, MILK 1%	TURKEY BURGER, CORN, DICED PEACHES, MILK 1%
P.M. Snack	WG VEGGIE & BEAN CRACKERS	WG GRANOLA BITES	GRAHAM CRACKERS, APPLE BUTTER	FRESH APPLE, SUNBUTTER OR SOYBUTTER	MOZZARELLA STRING CHEESE, WHEAT THIN CRACKERS
Week Beginning on December 6, 2021					
A.M. Snack	HONEY GRAHAM SQUARES CEREAL, MILK 1%	TASTEEO CEREAL, MIXED BERRIES, MILK 1%	WG MAPLE WAFFLE, MILK 1%	SCRAMBLED EGG PATTY, MILK 1%	WHOLE WHEAT TOAST SLICE, APPLE BUTTER, MILK 1%
Lunch	ENGLISH MUFFIN PIZZA, FRUIT COCKTAIL, BROCCOLI, MILK 1%	GRILLED CHICKEN NUGGETS (VO - Gardein Chicken Strips), PEARS, CORN, MILK 1%	TURKEY TACO (VO-TACO), LETTUCE, CHEESE, PEARS, MILK 1%	JUMBO CHEESE RAVIOLI, SPAGHETTI SAUCE, SWEET PEAS, DICED PEACHES, MILK 1%	PASTA, STRINGBEANS, APPLESAUCE, MILK 1%
P.M. Snack	COLBY JACK CHEESE STICK, WG TRISCUITS	PRETZELS	FRESH APPLE, SUNBUTTER OR SOYBUTTER	WG SOFT BAKED OATMEAL COOKIE	SLICED CUCUMBERS WITH RANCH DRESSING, MOZZARELLA STRING CHEESE
Week Beginning on December 13, 2021					
A.M. Snack	WHOLE GRAIN PANCAKE, MIXED BERRIES, MILK 1%	RICE KRISPIES CEREAL, BERRIES, MILK 1%	MINI WG BAGEL, STRAWBERRY PRESERVES, MILK 1%	CORN FLAKES CEREAL, SLICED BANANA, MILK 1%	WG BANANA MUFFIN, MILK 1%
Lunch	TURKEY HAM & CHEESE ON WG HAWAIIAN SLIDER, CORN, MANDARIN ORANGES, MILK 1%	WG CHICKEN NUGGETS (VO - veggie nuggets), BROCCOLI FLORETS, ORANGE SLICES, MILK 1%	WG PASTA, STRINGBEANS, APPLESAUCE, MILK 1%	ZESTY ORANGE DICED CHICKEN, BROWN RICE, PEACHES, MILK 1%	CHEESE QUESADILLA ON WHOLE WHEAT TORTILLA, CARROTS, DICED PEARS, MILK 1%
P.M. Snack	ANIMAL CRACKERS	FRESH APPLE, SUNBUTTER OR SOYBUTTER	HUMMUS, WG PITA	MOZZARELLA STRING CHEESE, WHEAT THIN CRACKERS	WG PIZZA CRACKERS
Week Beginning on December 20, 2021					
A.M. Snack	WG OATMEAL BAR	TASTEEO CEREAL, BANANA, MILK 1%	WG MINI BAGEL, APPLE BUTTER, MILK 1%	WG FRENCH TOAST STICKS, MILK 1%	HAPPY
Lunch	BBQ CHICKEN HAWAIIAN SLIDER, PINEAPPLE, MILK 1%	WG MOZZARELLA STICKS, SPAGHETTI SAUCE, STRINGBEANS, DICED PEARS, MILK 1%	CHIC & CHEESE QUESADILLA (VO - Garden Burger), BAKED SWEET POTATO FRIES, APPLESAUCE, MILK 1%	SCRAMBLED EGG PATTY, ORANGES, HASH BROWN, MILK 1%	HOLIDAYS
P.M. Snack	WG EDUCATION CRACKERS	CHEEZIT CRACKERS	SLICED CUCUMBERS, RANCH DRESSING, WHEAT THINS	CRACKERS, COLBY JACK CHEESE STICK	TO ALL!
Week Beginning on December 27, 2021					
A.M. Snack	MUFFIN, MILK 1%	WG BISCUIT, JELLY, MILK 1%	CORN FLAKES CEREAL, MILK 1%	MUFFIN, MILK 1%	HAPPY
Lunch	SUNBUTTER & JELLY SANDWCH, CARROTS, FRUIT COCKTAIL, MILK 1%	MAC N CHEESE, STRINGBEANS, PEARS, MILK 1%	GRILLED CHIC NUGGETS, TATER TOTS, APPLESAUCE, MILK 1%	DICED TURKEY HAM, MASHED POTATOES, DICED PEACHES, MILK 1%	NEW
P.M. Snack	WG PIZZA CRACKERS	GRAHAM CRACKERS, APPLE BUTTER	CHEESEIT CRACKERS	PRETZELS	YEAR!

*** MENU SUBJECT TO CHANGE ***

(updated: 12/23/2021)