

Amazing Athletes®

Educational Sports Programs

Empowering children through sports to develop personal confidence and inspire active futures.

PLAY



LEARN

INTRODUCTION TO NUTRITION + MUSCLE IDENTIFICATION

PERFORM

BALANCING | RUNNING
CATCHING | JUMPING
THROWING | KICKING



AGES 2-5 YRS

CLASS OVERVIEW

Warm-Up
Stretching
Mr. Ladder

Active Education



Active Sport



Patient Sport



Cool Down



CLASS DETAILS:

2-3 Year old-Mondays 10:00am-10:30am

4-5 Year old-Mondays 10:45am-11:15am

Season Dates: March 21st-May 23rd (no class April 11th and April 18th)

Price: \$144 for eight-week season

Visit our partner website www.soccerstars.com and click "School Login"

Contact: dc@soccerstars.com 202-830-0038



Your Login: **BTE**

Password: **schoolsports**