BETHESDA COUNTRY DAY SCHOOL APRIL 2025

		W	EEK 1		
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	3/31/2025	4/1/2025	4/2/2025	4/3/2025	4/4/2025
M SNACK:	3/31/2025	4/1/2025	4/2/2025	4/3/2025	4/4/2025
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Fruit (Optional)		Fruit of Choice	Mango		1/2 Banana
Grain	WG Oatmeal Cereal Bar	WG Spooner Cereal	Vanilla Yogurt	Cinnamon Raisin Bread	WG Crispy Rice Cereal
Extra/Protein					
JNCH:					
	Pasta	BBQ SLIDER	CHICKEN LO MEIN	PHILLY CHEESESTEAK	THAT'S A WRAP
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Fruit	Diced Peaches	Applesauce	Diced Pears	Mandarin Oranges	Fruit Mix
Vegetable	Green Beans	Corn	Sweet peas	Tater Tots	Diced Carrots
Grain	Pasta	WG Slider	WG Spaghetti Noodles	WG Roll	WG Tortilla
Meat/Meat Alt		Bbq Shredded Chicken	Diced Chicken	Beef Steak	Turkey/Cheese
Extra			Teriyaki Sauce	Cheese	
M SNACK:					
Fruit		C Cl' /D l	Clementine		Applesauce
Vegetable Grain	Apple Cinn Crahere Beers	Cucumber Slices/Ranch WG Crackers	Sunrise Bites	Cronolo	MC Craham Contile
Grain Protein	Apple Cinn Graham Bears	w G Crackers	Sullinse pites	Granola Vanilla Yogurt	WG Graham Crackers
Extra	Water	Water	Water	Water	Water
EXtra	water		EEK 2	water	water
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	4/7/2025	4/8/2025	4/9/2025	4/10/2025	4/11/2025
M SNACK:					
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Fruit (Optional)		Berries		Sliced Strawberries	
Grain	WG Cereal	WG Waffle	WG Muffin	WG Corn Flakes Cereal	WG Blueberry Loaf
Extra/Protein					
UNCH:					
	MAC N CHEESE	FIESTA SALAD	CHICKEN PATTY	CHICKEN GRAIN BOWL	FISH STICKS
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Fruit	Mandarin Oranges	Pineapple Tidbits	Diced Pears	Applesauce	Fruit Mix
Vegetabl <mark>e</mark>	Sweet Peas	Lettuce	Diced Carrots	Corn	
Grain		Lettoce			Sweet Potato Fries
		WG Tortilla		Brown Rice	Sweet Potato Fries
Meat/Meat Alt	Mac n Cheese		Chicken Patty	Brown Rice Roasted Chic Bites	Sweet Potato Fries WG Fish Sticks
Extra	Mac n Cheese	WG Tortilla	Chicken Patty		
Extra M SNACK:	Mac n Cheese	WG Tortilla Turkey Taco Entrée Cheese		Roasted Chic Bites	
Extra M SNACK: Fruit	Mac n Cheese	WG Tortilla Turkey Taco Entrée	Chicken Patty Apple Slices		
Extra M SNACK: Fruit Vegetable		WG Tortilla Turkey Taco Entrée Cheese Orange Slices		Roasted Chic Bites Diced Mango	WG Fish Sticks
Extra M SNACK: Fruit Vegetable Grain	WG Pizza Crackers	WG Tortilla Turkey Taco Entrée Cheese	Apple Slices	Roasted Chic Bites	
Extra M SNACK: Fruit Vegetable Grain Protein	WG Pizza Crackers String Cheese	WG Tortilla Turkey Taco Entrée Cheese Orange Slices Champ Bite Crackers	Apple Slices Voy Hazelnut Free Spread	Roasted Chic Bites Diced Mango All Sport Bites	WG Fish Sticks Education Crackers
Extra M SNACK: Fruit Vegetable Grain	WG Pizza Crackers	WG Tortilla Turkey Taco Entrée Cheese Orange Slices Champ Bite Crackers Water	Apple Slices Voy Hazelnut Free Spread Water	Roasted Chic Bites Diced Mango	WG Fish Sticks
Extra M SNACK: Fruit Vegetable Grain Protein Extra	WG Pizza Crackers String Cheese Water	WG Tortilla Turkey Taco Entrée Cheese Orange Slices Champ Bite Crackers Water	Apple Slices Voy Hazelnut Free Spread Water EEK 3	Roasted Chic Bites Diced Mango All Sport Bites Water	WG Fish Sticks Education Crackers Water
Extra M SNACK: Fruit Vegetable Grain Protein Extra	WG Pizza Crackers String Cheese Water MONDAY	WG Tortilla Turkey Taco Entrée Cheese Orange Slices Champ Bite Crackers Water WI TUESDAY	Apple Slices Voy Hazelnut Free Spread Water EEK 3 WEDNESDAY	Roasted Chic Bites Diced Mango All Sport Bites Water THURSDAY	WG Fish Sticks Education Crackers Water FRIDAY
Extra M SNACK: Fruit Vegetable Grain Protein Extra	WG Pizza Crackers String Cheese Water	WG Tortilla Turkey Taco Entrée Cheese Orange Slices Champ Bite Crackers Water	Apple Slices Voy Hazelnut Free Spread Water EEK 3	Roasted Chic Bites Diced Mango All Sport Bites Water	WG Fish Sticks Education Crackers Water
Extra M SNACK: Fruit Vegetable Grain Protein Extra MEAL PATTERN Dates:	WG Pizza Crackers String Cheese Water MONDAY	WG Tortilla Turkey Taco Entrée Cheese Orange Slices Champ Bite Crackers Water WI TUESDAY	Apple Slices Voy Hazelnut Free Spread Water EEK 3 WEDNESDAY	Roasted Chic Bites Diced Mango All Sport Bites Water THURSDAY	WG Fish Sticks Education Crackers Water FRIDAY
Extra M SNACK: Fruit Vegetable Grain Protein Extra MEAL PATTERN Dates: M SNACK: Milk	WG Pizza Crackers String Cheese Water MONDAY	WG Tortilla Turkey Taco Entrée Cheese Orange Slices Champ Bite Crackers Water WI TUESDAY	Apple Slices Voy Hazelnut Free Spread Water EEK 3 WEDNESDAY	Roasted Chic Bites Diced Mango All Sport Bites Water THURSDAY	WG Fish Sticks Education Crackers Water FRIDAY
Extra M SNACK: Fruit Vegetable Grain Protein Extra MEAL PATTERN Dates: M SNACK: Milk Fruit (Optional)	WG Pizza Crackers String Cheese Water MONDAY 4/14/2025 Milk 1%	WG Tortilla Turkey Taco Entrée Cheese Orange Slices Champ Bite Crackers Water WI TUESDAY 4/15/2025 Milk 1%	Apple Slices Voy Hazelnut Free Spread Water EEK 3 WEDNESDAY 4/16/2025 Milk 1%	Diced Mango All Sport Bites Water THURSDAY 4/17/2025 Milk 1% 1/2 Banana	WG Fish Sticks Education Crackers Water FRIDAY 4/18/2025
Extra M SNACK: Fruit Vegetable Grain Protein Extra MEAL PATTERN Dates: M SNACK: Milk Fruit (Optional) Grain	WG Pizza Crackers String Cheese Water MONDAY 4/14/2025	WG Tortilla Turkey Taco Entrée Cheese Orange Slices Champ Bite Crackers Water WI TUESDAY 4/15/2025	Apple Slices Voy Hazelnut Free Spread Water EEK 3 WEDNESDAY 4/16/2025 Milk 1% WG Mini Bagel	Diced Mango All Sport Bites Water THURSDAY 4/17/2025	WG Fish Sticks Education Crackers Water FRIDAY 4/18/2025
Extra M SNACK: Fruit Vegetable Grain Protein Extra MEAL PATTERN Dates: M SNACK: Milk Fruit (Optional) Grain Extra/Protein	WG Pizza Crackers String Cheese Water MONDAY 4/14/2025 Milk 1%	WG Tortilla Turkey Taco Entrée Cheese Orange Slices Champ Bite Crackers Water WI TUESDAY 4/15/2025 Milk 1%	Apple Slices Voy Hazelnut Free Spread Water EEK 3 WEDNESDAY 4/16/2025 Milk 1%	Diced Mango All Sport Bites Water THURSDAY 4/17/2025 Milk 1% 1/2 Banana	WG Fish Sticks Education Crackers Water FRIDAY 4/18/2025
Extra M SNACK: Fruit Vegetable Grain Protein Extra MEAL PATTERN Dates: M SNACK: Milk Fruit (Optional) Grain Extra/Protein	WG Pizza Crackers String Cheese Water MONDAY 4/14/2025 Milk 1% WG Cereal	WG Tortilla Turkey Taco Entrée Cheese Orange Slices Champ Bite Crackers Water WI TUESDAY 4/15/2025 Milk 1% WG Oatmeal Bae	Apple Slices Voy Hazelnut Free Spread Water EEK 3 WEDNESDAY 4/16/2025 Milk 1% WG Mini Bagel	Diced Mango All Sport Bites Water THURSDAY 4/17/2025 Milk 1% 1/2 Banana	WG Fish Sticks Education Crackers Water FRIDAY 4/18/2025
Extra M SNACK: Fruit Vegetable Grain Protein Extra MEAL PATTERN Dates: M SNACK: Milk Fruit (Optional) Grain Extra/Protein UNCH:	WG Pizza Crackers String Cheese Water MONDAY 4/14/2025 Milk 1% WG Cereal	WG Tortilla Turkey Taco Entrée Cheese Orange Slices Champ Bite Crackers Water WI TUESDAY 4/15/2025 Milk 1% WG Oatmeal Bae	Apple Slices Voy Hazelnut Free Spread Water EEK 3 WEDNESDAY 4/16/2025 Milk 1% WG Mini Bagel Cream Cheese CHICKEN DRUMMIES	Diced Mango All Sport Bites Water THURSDAY 4/17/2025 Milk 1% 1/2 Banana WG Crispy Rice Cereal	WG Fish Sticks Education Crackers Water FRIDAY 4/18/2025
Extra M SNACK: Fruit Vegetable Grain Protein Extra MEAL PATTERN Dates: M SNACK: Milk Fruit (Optional) Grain Extra/Protein UNCH:	WG Pizza Crackers String Cheese Water MONDAY 4/14/2025 Milk 1% WG Cereal MAX STIX Milk 1%	WG Tortilla Turkey Taco Entrée Cheese Orange Slices Champ Bite Crackers Water WI TUESDAY 4/15/2025 Milk 1% WG Oatmeal Bae TACO TUESDAY Milk 1%	Apple Slices Voy Hazelnut Free Spread Water EEK 3 WEDNESDAY 4/16/2025 Milk 1% WG Mini Bagel Cream Cheese CHICKEN DRUMMIES Milk 1%	Diced Mango All Sport Bites Water THURSDAY 4/17/2025 Milk 1% 1/2 Banana WG Crispy Rice Cereal BEEF & BROCCOLI Milk 1%	WG Fish Sticks Education Crackers Water FRIDAY 4/18/2025 CHEF'S
Extra M SNACK: Fruit Vegetable Grain Protein Extra MEAL PATTERN Dates: M SNACK: Milk Fruit (Optional) Grain Extra/Protein	WG Pizza Crackers String Cheese Water MONDAY 4/14/2025 Milk 1% WG Cereal	WG Tortilla Turkey Taco Entrée Cheese Orange Slices Champ Bite Crackers Water WI TUESDAY 4/15/2025 Milk 1% WG Oatmeal Bae	Apple Slices Voy Hazelnut Free Spread Water EEK 3 WEDNESDAY 4/16/2025 Milk 1% WG Mini Bagel Cream Cheese CHICKEN DRUMMIES	Diced Mango All Sport Bites Water THURSDAY 4/17/2025 Milk 1% 1/2 Banana WG Crispy Rice Cereal	WG Fish Sticks Education Crackers Water FRIDAY 4/18/2025 CHEF'S

^{1.} Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

^{2.} The fruit component at lunch may be substituted by an additional vegetable.

BETHESDA COUNTRY DAY SCHOOL APRIL 2025

Meat/Meat Alt	Pizza Max Stix	Turkey Taco Entrée	Chicken Drummies	Beef Steak	
Extra	T IZZd Max Selx	Cheese	Signature Sauce	Teriyaki Sauce	
			3	7, 1111	
PM SNACK:					
Fruit				Applesauce	DAY!
Vegetable				,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
Grain	WG Alphabet Crackers	Vanilla Wafers	Townhouse Crackers	Animal Crackers	
Protein	Banana Cinn Chickpea Butter	Strawberry Yogurt	Cheese Slice		
Extra	Water	Water	Water	Water	
		WE	EK 4		
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	4/21/2025	4/22/2025	4/23/2025	4/24/2025	4/25/2025
M SNACK:	4/21/2025	4/22/2025	4/23/2023	4/24/2025	4/25/2025
Milk	Mills a 04	Milk 1%	Mills a 0.4	Mills a 0.4	Mills a04
	Milk 1%		Milk 1%	Milk 1%	Milk 1%
Fruit (Optional)	Berries W.C. Banaslas Bitas	Sliced Strawberries	Blueberries	WC Franch Town Cit	WC Cinner Con 1
Grain	WG Pancake Bites	WG Oatmeal	WG Toasted Oat Cereal	WG French Toast Stix	WG Cinnamon Cereal
Extra/Protein					<u> </u>
.UNCH:		1			
	GRILLED CHEESE	BREAKFAST EMPANADA	CHEESEBURGER	PIZZA	CHICKEN TENDERS
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Fruit	Diced Peaches	Diced Pears	Diced Pineapple	Fruit Mix	Mandarin Oranges
Vegetable	Broccoli Bites	Diced Carrots	Tater Tots	Green Beans	Mixed Veggies
Grain	WG Bread	WG Empanada	WG Bun	WG Crust	3,5 11
Meat/Meat Alt	Cheese	Egg/Turk Saus/Cheese	Beef Patty	Pizza	Chicken Tenders
Extra			Cheese Slice		
PM SNACK:			Circose Since		
Fruit		Diced Pears	Annle Slices		
Fruit		Diced Pears	Apple Slices	Raby Carrots	
Vegetable	What Thins		Apple Slices	Baby Carrots	Churro Crackers
Vegetable Grain	Wheat Thins	Diced Pears WG Goldfish		,	Churro Crackers
Vegetable Grain Protein	String Cheese	WG Goldfish	Cheese Cubes	Ranch	Vanilla Yogurt
Vegetable Grain		WG Goldfish Water	Cheese Cubes Water	,	
Vegetable Grain Protein Extra	String Cheese	WG Goldfish Water	Cheese Cubes Water	Ranch	Vanilla Yogurt
Vegetable Grain Protein	String Cheese	WG Goldfish Water	Cheese Cubes Water	Ranch	Vanilla Yogurt
Vegetable Grain Protein Extra MEAL PATTERN Dates:	String Cheese Water	WG Goldfish Water WE	Cheese Cubes Water	Ranch Water	Vanilla Yogurt Water
Vegetable Grain Protein Extra MEAL PATTERN Dates:	String Cheese Water MONDAY	WG Goldfish Water WE TUESDAY	Cheese Cubes Water EK 5 WEDNESDAY	Ranch Water THURSDAY	Vanilla Yogurt Water FRIDAY
Vegetable Grain Protein Extra MEAL PATTERN Dates: MM SNACK: Milk	String Cheese Water MONDAY	WG Goldfish Water WE TUESDAY	Cheese Cubes Water EK 5 WEDNESDAY	Ranch Water THURSDAY	Vanilla Yogurt Water FRIDAY
Vegetable Grain Protein Extra MEAL PATTERN Dates:	String Cheese Water MONDAY 4/28/2025	WG Goldfish Water WE TUESDAY 4/29/2025	Cheese Cubes Water EK 5 WEDNESDAY 4/30/2025	Ranch Water THURSDAY 5/1/2025	Vanilla Yogurt Water FRIDAY 5/2/2025
Vegetable Grain Protein Extra MEAL PATTERN Dates: MM SNACK: Milk	String Cheese Water MONDAY 4/28/2025 Milk 1%	WG Goldfish Water WE TUESDAY 4/29/2025	Cheese Cubes Water EK 5 WEDNESDAY 4/30/2025	Ranch Water THURSDAY 5/1/2025	Vanilla Yogurt Water FRIDAY 5/2/2025 Milk 1%
Vegetable Grain Protein Extra MEAL PATTERN Dates: MM SNACK: Milk Fruit (Optional)	String Cheese Water MONDAY 4/28/2025 Milk 1% Mango	WG Goldfish Water WE TUESDAY 4/29/2025 Milk 1% Fruit of Choice	Cheese Cubes Water EK 5 WEDNESDAY 4/30/2025 Milk 1%	Ranch Water THURSDAY 5/1/2025 Milk 1%	Vanilla Yogurt Water FRIDAY 5/2/2025 Milk 1% 1/2 Banana
Vegetable Grain Protein Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit (Optional) Grain	String Cheese Water MONDAY 4/28/2025 Milk 1% Mango	WG Goldfish Water WE TUESDAY 4/29/2025 Milk 1% Fruit of Choice	Cheese Cubes Water EK 5 WEDNESDAY 4/30/2025 Milk 1%	Ranch Water THURSDAY 5/1/2025 Milk 1%	Vanilla Yogurt Water FRIDAY 5/2/2025 Milk 1% 1/2 Banana
Vegetable Grain Protein Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit (Optional) Grain Extra/Protein LUNCH:	String Cheese Water MONDAY 4/28/2025 Milk 1% Mango	WG Goldfish Water WE TUESDAY 4/29/2025 Milk 1% Fruit of Choice	Cheese Cubes Water EK 5 WEDNESDAY 4/30/2025 Milk 1%	Ranch Water THURSDAY 5/1/2025 Milk 1%	Vanilla Yogurt Water FRIDAY 5/2/2025 Milk 1% 1/2 Banana
Vegetable Grain Protein Extra MEAL PATTERN Dates: MM SNACK: Milk Fruit (Optional) Grain Extra/Protein UNCH: Milk	String Cheese Water MONDAY 4/28/2025 Milk 1% Mango Vanilla Yogurt	WG Goldfish Water WE TUESDAY 4/29/2025 Milk 1% Fruit of Choice WG Spooner Cereal	Cheese Cubes Water EK 5 WEDNESDAY 4/30/2025 Milk 1% WG Oatmeal Cereal Bar CHICKEN LO MEIN Milk 1%	Ranch Water THURSDAY 5/1/2025 Milk 1% Cinnamon Raisin Bread	Vanilla Yogurt Water FRIDAY 5/2/2025 Milk 1% 1/2 Banana WG Crispy Rice Cereal
Vegetable Grain Protein Extra MEAL PATTERN Dates: MM SNACK: Milk Fruit (Optional) Grain Extra/Protein UNCH: Milk Fruit	String Cheese Water MONDAY 4/28/2025 Milk 1% Mango Vanilla Yogurt VEGGIE BURGER Milk 1% Diced Peaches	WG Goldfish Water WE TUESDAY 4/29/2025 Milk 1% Fruit of Choice WG Spooner Cereal BBQ SLIDER	Cheese Cubes Water EK 5 WEDNESDAY 4/30/2025 Milk 1% WG Oatmeal Cereal Bar CHICKEN LO MEIN Milk 1% Diced Pears	Ranch Water THURSDAY 5/1/2025 Milk 1% Cinnamon Raisin Bread	Vanilla Yogurt Water FRIDAY 5/2/2025 Milk 1% 1/2 Banana WG Crispy Rice Cereal
Vegetable Grain Protein Extra MEAL PATTERN Dates: MM SNACK: Milk Fruit (Optional) Grain Extra/Protein UNCH: Milk	String Cheese Water MONDAY 4/28/2025 Milk 1% Mango Vanilla Yogurt VEGGIE BURGER Milk 1%	WG Goldfish Water WE TUESDAY 4/29/2025 Milk 1% Fruit of Choice WG Spooner Cereal BBQ SLIDER Milk 1%	Cheese Cubes Water EK 5 WEDNESDAY 4/30/2025 Milk 1% WG Oatmeal Cereal Bar CHICKEN LO MEIN Milk 1%	Ranch Water THURSDAY 5/1/2025 Milk 1% Cinnamon Raisin Bread PHILLY CHEESESTEAK Milk 1%	Vanilla Yogurt Water FRIDAY 5/2/2025 Milk 1% 1/2 Banana WG Crispy Rice Cereal THAT'S A WRAP Milk 1%
Vegetable Grain Protein Extra MEAL PATTERN Dates: M SNACK: Milk Fruit (Optional) Grain Extra/Protein UNCH: Milk Fruit	String Cheese Water MONDAY 4/28/2025 Milk 1% Mango Vanilla Yogurt VEGGIE BURGER Milk 1% Diced Peaches	WG Goldfish Water WE TUESDAY 4/29/2025 Milk 1% Fruit of Choice WG Spooner Cereal BBQ SLIDER Milk 1% Applesauce	Cheese Cubes Water EK 5 WEDNESDAY 4/30/2025 Milk 1% WG Oatmeal Cereal Bar CHICKEN LO MEIN Milk 1% Diced Pears	Ranch Water THURSDAY 5/1/2025 Milk 1% Cinnamon Raisin Bread PHILLY CHEESESTEAK Milk 1% Mandarin Oranges	Vanilla Yogurt Water FRIDAY 5/2/2025 Milk 1% 1/2 Banana WG Crispy Rice Cereal THAT'S A WRAP Milk 1%
Vegetable Grain Protein Extra MEAL PATTERN Dates: M SNACK: Milk Fruit (Optional) Grain Extra/Protein UNCH: Milk Fruit Vegetable	String Cheese Water MONDAY 4/28/2025 Milk 1% Mango Vanilla Yogurt VEGGIE BURGER Milk 1% Diced Peaches Sweet peas	WG Goldfish Water WE TUESDAY 4/29/2025 Milk 1% Fruit of Choice WG Spooner Cereal BBQ SLIDER Milk 1% Applesauce Corn	Cheese Cubes Water EK 5 WEDNESDAY 4/30/2025 Milk 1% WG Oatmeal Cereal Bar CHICKEN LO MEIN Milk 1% Diced Pears Sweet peas	Ranch Water THURSDAY 5/1/2025 Milk 1% Cinnamon Raisin Bread PHILLY CHEESESTEAK Milk 1% Mandarin Oranges Tater Tots	Vanilla Yogurt Water FRIDAY 5/2/2025 Milk 1% 1/2 Banana WG Crispy Rice Cereal THAT'S A WRAP Milk 1% Fruit Mix
Vegetable Grain Protein Extra MEAL PATTERN Dates: M SNACK: Milk Fruit (Optional) Grain Extra/Protein UNCH: Milk Fruit Vegetable Grain	String Cheese Water MONDAY 4/28/2025 Milk 1% Mango Vanilla Yogurt VEGGIE BURGER Milk 1% Diced Peaches Sweet peas WG Bun	WG Goldfish Water WE TUESDAY 4/29/2025 Milk 1% Fruit of Choice WG Spooner Cereal BBQ SLIDER Milk 1% Applesauce Corn WG Slider	Cheese Cubes Water EK 5 WEDNESDAY 4/30/2025 Milk 1% WG Oatmeal Cereal Bar CHICKEN LO MEIN Milk 1% Diced Pears Sweet peas WG Spaghetti Noodles	Ranch Water THURSDAY 5/1/2025 Milk 1% Cinnamon Raisin Bread PHILLY CHEESESTEAK Milk 1% Mandarin Oranges Tater Tots WG Roll	Vanilla Yogurt Water FRIDAY 5/2/2025 Milk 1% 1/2 Banana WG Crispy Rice Cereal THAT'S A WRAP Milk 1% Fruit Mix WG Tortilla
Vegetable Grain Protein Extra MEAL PATTERN Dates: MM SNACK: Milk Fruit (Optional) Grain Extra/Protein UNCH: Milk Fruit Vegetable Grain Meat/Meat Alt Extra	String Cheese Water MONDAY 4/28/2025 Milk 1% Mango Vanilla Yogurt VEGGIE BURGER Milk 1% Diced Peaches Sweet peas WG Bun	WG Goldfish Water WE TUESDAY 4/29/2025 Milk 1% Fruit of Choice WG Spooner Cereal BBQ SLIDER Milk 1% Applesauce Corn WG Slider	Cheese Cubes Water EK 5 WEDNESDAY 4/30/2025 Milk 1% WG Oatmeal Cereal Bar CHICKEN LO MEIN Milk 1% Diced Pears Sweet peas WG Spaghetti Noodles Diced Chicken	Ranch Water THURSDAY 5/1/2025 Milk 1% Cinnamon Raisin Bread PHILLY CHEESESTEAK Milk 1% Mandarin Oranges Tater Tots WG Roll Beef Steak	Vanilla Yogurt Water FRIDAY 5/2/2025 Milk 1% 1/2 Banana WG Crispy Rice Cereal THAT'S A WRAP Milk 1% Fruit Mix WG Tortilla
Vegetable Grain Protein Extra MEAL PATTERN Dates: MM SNACK: Milk Fruit (Optional) Grain Extra/Protein UNCH: Milk Fruit Vegetable Grain Meat/Meat Alt Extra	String Cheese Water MONDAY 4/28/2025 Milk 1% Mango Vanilla Yogurt VEGGIE BURGER Milk 1% Diced Peaches Sweet peas WG Bun	WG Goldfish Water WE TUESDAY 4/29/2025 Milk 1% Fruit of Choice WG Spooner Cereal BBQ SLIDER Milk 1% Applesauce Corn WG Slider	Cheese Cubes Water EK 5 WEDNESDAY 4/30/2025 Milk 1% WG Oatmeal Cereal Bar CHICKEN LO MEIN Milk 1% Diced Pears Sweet peas WG Spaghetti Noodles Diced Chicken	Ranch Water THURSDAY 5/1/2025 Milk 1% Cinnamon Raisin Bread PHILLY CHEESESTEAK Milk 1% Mandarin Oranges Tater Tots WG Roll Beef Steak	Vanilla Yogurt Water FRIDAY 5/2/2025 Milk 1% 1/2 Banana WG Crispy Rice Cereal THAT'S A WRAP Milk 1% Fruit Mix WG Tortilla
Vegetable Grain Protein Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit (Optional) Grain Extra/Protein UNCH: Milk Fruit Vegetable Grain Meat/Meat Alt Extra PM SNACK: Fruit	String Cheese Water MONDAY 4/28/2025 Milk 1% Mango Vanilla Yogurt VEGGIE BURGER Milk 1% Diced Peaches Sweet peas WG Bun Veggie Burger	WG Goldfish Water WE TUESDAY 4/29/2025 Milk 1% Fruit of Choice WG Spooner Cereal BBQ SLIDER Milk 1% Applesauce Corn WG Slider	Cheese Cubes Water EK 5 WEDNESDAY 4/30/2025 Milk 1% WG Oatmeal Cereal Bar CHICKEN LO MEIN Milk 1% Diced Pears Sweet peas WG Spaghetti Noodles Diced Chicken	Ranch Water THURSDAY 5/1/2025 Milk 1% Cinnamon Raisin Bread PHILLY CHEESESTEAK Milk 1% Mandarin Oranges Tater Tots WG Roll Beef Steak Cheese	Vanilla Yogurt Water FRIDAY 5/2/2025 Milk 1% 1/2 Banana WG Crispy Rice Cereal THAT'S A WRAP Milk 1% Fruit Mix WG Tortilla Turkey/Cheese
Vegetable Grain Protein Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit (Optional) Grain Extra/Protein LUNCH: Milk Fruit Vegetable Grain Meat/Meat Alt Extra PM SNACK: Fruit Vegetable Grain Meat/Meat Alt Extra	String Cheese Water MONDAY 4/28/2025 Milk 1% Mango Vanilla Yogurt VEGGIE BURGER Milk 1% Diced Peaches Sweet peas WG Bun Veggie Burger Clementine	WG Goldfish Water WE TUESDAY 4/29/2025 Milk 1% Fruit of Choice WG Spooner Cereal BBQ SLIDER Milk 1% Applesauce Corn WG Slider Bbq Shredded Chicken Cucumber Slices/Ranch	Cheese Cubes Water EK 5 WEDNESDAY 4/30/2025 Milk 1% WG Oatmeal Cereal Bar CHICKEN LO MEIN Milk 1% Diced Pears Sweet peas WG Spaghetti Noodles Diced Chicken Teriyaki Sauce	Ranch Water THURSDAY 5/1/2025 Milk 1% Cinnamon Raisin Bread PHILLY CHEESESTEAK Milk 1% Mandarin Oranges Tater Tots WG Roll Beef Steak Cheese	Vanilla Yogurt Water FRIDAY 5/2/2025 Milk 1% 1/2 Banana WG Crispy Rice Cereal THAT'S A WRAP Milk 1% Fruit Mix WG Tortilla Turkey/Cheese Applesauce
Vegetable Grain Protein Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit (Optional) Grain Extra/Protein .UNCH: Milk Fruit Vegetable Grain Meat/Meat Alt Extra PM SNACK: Fruit	String Cheese Water MONDAY 4/28/2025 Milk 1% Mango Vanilla Yogurt VEGGIE BURGER Milk 1% Diced Peaches Sweet peas WG Bun Veggie Burger	WG Goldfish Water WE TUESDAY 4/29/2025 Milk 1% Fruit of Choice WG Spooner Cereal BBQ SLIDER Milk 1% Applesauce Corn WG Slider Bbq Shredded Chicken	Cheese Cubes Water EK 5 WEDNESDAY 4/30/2025 Milk 1% WG Oatmeal Cereal Bar CHICKEN LO MEIN Milk 1% Diced Pears Sweet peas WG Spaghetti Noodles Diced Chicken	Ranch Water THURSDAY 5/1/2025 Milk 1% Cinnamon Raisin Bread PHILLY CHEESESTEAK Milk 1% Mandarin Oranges Tater Tots WG Roll Beef Steak Cheese	Vanilla Yogurt Water FRIDAY 5/2/2025 Milk 1% 1/2 Banana WG Crispy Rice Cereal THAT'S A WRAP Milk 1% Fruit Mix WG Tortilla Turkey/Cheese



^{1.} Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

^{2.} The fruit component at lunch may be substituted by an additional vegetable.