

SPRING ED JULY 2025

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	6/30/2025	7/1/2025	7/2/2025	7/3/2025	7/4/2025
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CLOSED!
Fruit (Optional)	1/2 Banana	Berries		Sliced Strawberries	
Grain	WG Cereal	WG Waffle	WG Muffin	WG Corn Flakes Cereal	
Extra/Protein					
LUNCH:					
	MAC N CHEESE	FIESTA SALAD	CHICKEN PATTY	CHICKEN GRAIN BOWL	HAPPY 4th
Fruit	Mandarin Oranges	Pineapple Tidbits	Diced Pears	Applesauce	
Vegetable	Sweet Peas	Lettuce	Diced Carrots	Corn	
Grain		WG Tostada		Brown Rice	
Meat/Meat Alt	Mac n Cheese	Turkey Taco Entrée	Chicken Patty	Roasted Chic Bites	
Extra		Cheese			
PM SNACK:					
Fruit		Orange Slices	Apple Slices	Diced Mango	OF JULY!
Vegetable					
Grain	WG Pizza Crackers	Champ Bite Crackers		All Sport Bites	
Protein	String Cheese		Voy Hazelnut Free Spread		
Extra					
WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	7/7/2025	7/8/2025	7/9/2025	7/10/2025	7/11/2025
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)	Fruit of choice			1/2 Banana	
Grain	WG Cereal	WG Cereal Oatmeal Bar	WG Mini Bagel	WG Crispy Rice Cereal	WG Blueberry Loaf
Extra/Protein			Cream Cheese		
LUNCH:					
	PIZZA	TACO TUESDAY	CHICKEN DRUMMIES	BEEF & BROCCOLI	THAT'S A WRAP
Fruit	Applesauce	Diced Pears	Pineapple Tidbits	Diced Peaches	Fruit Mix
Vegetable	Mixed Veggies	Sweet peas	Green Beans	Broccoli	Diced Carrots
Grain		WG Tortilla		Brown Rice	WG Tortilla
Meat/Meat Alt	Pizza	Turkey Taco Entrée	Chicken Drummies	Beef Steak	Turkey/Cheese
Extra		Cheese	Signature Sauce	Teriyaki Sauce	
PM SNACK:					
Fruit				Clementine	
Vegetable					
Grain	WG Alphabet Crackers	Vanilla Wafers	Townhouse Crackers	Animal Crackers	Cinnam WG Graham Crackers
Protein	Banana Cinn Chickpea Butter	Strawberry Yogurt	Cheese Slice		
Extra					
WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	7/14/2025	7/15/2025	7/16/2025	7/17/2025	7/18/2025
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)	Berries		Sliced Strawberries		
Grain	WG Pancake Bites	Oatmeal Bar	WG Toasted Oat Cereal	WG French Toast Stix	WG Cereal
Extra/Protein					
LUNCH:					
	GRILLED CHEESE	PASTA	CHEESEBURGER	PIZZA	CHICKEN TENDERS
Fruit	Diced Peaches	Diced Pears	Diced Pineapple	Fruit Mix	Mandarin Oranges
Vegetable	Broccoli Bites	Diced Carrots	Tater Tots	Green Beans	Mixed Veggies
Grain	WG Bread	Pasta	WG Bun	WG Crust	
Meat/Meat Alt	Cheese		Beef Patty	Pizza	Chicken Tenders
Extra			Cheese Slice		

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
2. The fruit component at lunch may be substituted by an additional vegetable.

SPRING ED JULY 2025

PM SNACK:

Fruit			Apple Slices		
Vegetable				Baby Carrots	
Grain	Wheat Thins	WG Goldfish			Churro Crackers
Protein	String Cheese		Cheese Cubes		Vanilla Yogurt
Extra				Ranch	

WEEK 4

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	7/21/2025	7/22/2025	7/23/2025	7/24/2025	7/25/2025

AM SNACK:

Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CHEF'S
Fruit (Optional)		Fruit of Choice	Mango		
Grain	WG Oatmeal Cereal Bar	WG Spooner Cereal	Vanilla Yogurt	Cinnamon Raisin Bread	
Extra/Protein				Cream Cheese	

LUNCH:

	Chicken Nuggets	BBQ SLIDER	CHICKEN LO MEIN	PHILLY CHEESESTEAK	CHOICE
Fruit	Diced Peaches	Applesauce	Diced Pears	Mandarin Oranges	
Vegetable	String Beans	Corn	Sweet peas	Tater Tots	
Grain		WG Slider	WG Spaghetti Noodles	WG Roll	
Meat/Meat Alt	Chicken Nuggets	Bbq Shredded Chicken		Beef Steak	
Extra				Cheese	

PM SNACK:

Fruit	Clementine		Clementine	Granola	DAY!
Vegetable		Cucumber Slices/Ranch			
Grain	Apple Cinn Graham Bears	WG Crackers	Sunrise Bites		
Protein				Vanilla Yogurt	
Extra					

WEEK 5

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	7/28/2025	7/29/2025	7/30/2025	7/31/2025	8/1/2025

AM SNACK:

Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)			Berries	Sliced Strawberries	
Grain	WG Cereal	WG Waffle	WG Muffin	WG Corn Flakes Cereal	WG Blueberry Loaf
Extra/Protein					

LUNCH:

	MAC N CHEESE	FIESTA SALAD	CHICKEN PATTY	CHICKEN GRAIN BOWL	FISH STICKS
Fruit	Mandarin Oranges	Pineapple Tidbits	Diced Pears	Applesauce	Fruit Mix
Vegetable	Sweet Peas	Lettuce	Diced Carrots	Corn	Sweet Potato Fries
Grain		Tortilla		Brown Rice	
Meat/Meat Alt	Mac n Cheese	Turkey Taco Entrée	Chicken Patty	Roasted Chic Bites	WG Fish Sticks
Extra		Cheese			

PM SNACK:

Fruit		Orange Slices	Apple Slices	Diced Mango	
Vegetable					
Grain	WG Pizza Crackers	Champ Bite Crackers		All Sport Bites	Education Crackers
Protein	String Cheese		Voy Hazelnut Free Spread		
Extra					