



BCDS - 2025 January Menu

GREEN = Wheat, Whole-Grain, & Multi-Grain Items

RED = Vegetarian Option

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Dec. 29

Dec. 30

Dec. 31

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Breakfast	Chef's Choice Day	WG Mini Bagel , Applebutter 1% Milk	WG Cereal Oatmeal Bar , Applesauce, 1% Milk		WG Blueberry Muffin , Diced Pears, 1% Milk
Lunch	Chef's Choice Day	Grilled Cheese, Diced Pears, Peas, 1% Milk	Diced Chicken Alfredo with WG Pasta (Vegan Crumbles) , Mandarin Oranges, Sweet Peas, 1% Milk	School Closed - Happy New Year!	Turkey Sausage Patty, WG Biscuit , Diced Carrots, Fruit Mix, 1% Milk
PM Snack	Chef's Choice Day	Strawberry Yogurt, Graham Crackers Water	SCHOOL CLOSING @ 3PM HAPPY NEW YEAR!		Wheat Thin Crackers, Mozzarella String Cheese, Water

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Breakfast	WG Pancake , Mixed Berries, 1% Milk	WG Spooner Cereal , Banana Slices 1% Milk	Yogurt, Blueberries, 1% Milk	WG Banana Muffin , Pineapples 1% Milk	Chef's Choice Day
Lunch	Pizza Max Stick, Mixed Veggies, Mixed Fruit, 1% Milk	Chicken Patty on WG Bread (Vegetarian Griller) , Diced Peaches, Peas, 1% Milk	Turkey & Cheese on WG Bread (Cheese Sandwich) , Diced Carrots, Diced Pears, 1% Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets) , Pineapple Tidbits, Green Beans, 1% Milk	Chef's Choice Day
PM Snack	WG Graham Crackers , Mandarin Oranges, Water	Fresh Apple Slices, Wheat Thins , Water	Townhouse Crackers, American Cheese, Water	WG Goldfish Crackers , Applesauce, Water	Chef's Choice Day

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Breakfast	WG Apple Cinnamon Loaf , Tropical Fruit, 1% Milk	WG Waffle , Berry Mix, 1% Milk	WG Cereal Oatmeal Bar , 1% Milk	Yogurt, Blueberries, 1% Milk	WG Scooters Cereal , 1/2 Banana, 1% Milk,
Lunch	Diced Chicken with Teriyaki Sauce (WG Vegan Chicken Nuggets) , Brown Rice, Mandarin Oranges, 1% Milk	Mac N Cheese with WG Pasta , Peas, Diced Peaches 1% Milk	Diced Turkey Ham (Vegan Crumbles), Mashed Potatoes, Fruit Cocktail, 1% Milk	Diced Chicken w/ Tomato Sauce & Cheese on a WG Bun (Vegan Crumbles) , Green Beans, 1% milk	Burger with Cheese on a WG Bun (Vegetarian Griller) , Mixed Veggies, Pineapple Tidbits, 1% Milk
PM Snack	WG Champ Bites , Mandarin Oranges, Water	Apple Straws, Yogurt, WG Toasted Oats Water	WG Pita , Hummus, Water	Fresh Apple Slices, CheezIt Crackers, Water	Townhouse Crackers, American Cheese Slice, Water

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Breakfast		WG Toasted Oats Cereal , 1/2 Banana, 1% Milk	WG Oatmeal Cereal Bar , 1/2 Orange, 1% Milk	WG French Toast Sticks , 1/2 Banana, 1% Milk	Chef's Choice Day
Lunch	MLK Day - School Closed	Shredded Chicken with BBQ Sauce (Vegan Crumbles) , WG Bun , Broccoli, Pineapple Tidbits, 1% Milk	Cheese Pizza with WG Crust , Peas & Carrots, Tropical Fruit, 1% Milk	Meatloaf (Vegetarian Griller) , Diced Peaches, Mashed Potatoes, 1% Milk	Chef's Choice Day
PM Snack		Graham Crackers, Apple Butter, Water	WG Soft Pretzel Rod , Applesauce, Water	Mandarin Oranges, Animal Crackers, Water	Chef's Choice Day

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Breakfast	WG Apple Cinnamon Loaf , Applesauce, 1% Milk	WG Cereal Oatmeal Bar w/ Fruit , 1% Milk	WG Waffle , Berry Mix, 1% Milk	Yogurt, Diced Peaches, 1% Milk	WG Scooters Cereal , 1/2 Banana, 1% Milk
Lunch	Mac N Cheese with WG Pasta , Broccoli, Diced Peaches 1% Milk	Diced Chicken with Teriyaki Sauce (WG Vegan Chicken Nuggets) , Brown Rice, Corn, 1% Milk	Beef Crumbles w/ Tomato Sauce & Cheese on a WG Bun (Vegan Crumbles) , Applesauce, Green Beans, 1% milk	Diced Turkey Ham (Vegan Crumbles) , Cornbread Loaf, Mixed Veggies, Fruit Cocktail, 1% Milk	Burger with Cheese on a WG Bun (Vegetarian Griller) , Diced Pears, Broccoli, 1% Milk
PM Snack	WG Champ Bites , Mandarin Oranges, Water	Apple Straws, Yogurt, Water	WG Pita , Hummus, Water	Fresh Apple Slices, Sunbutter Water	Townhouse Crackers, American Cheese, Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) || **Preschool Serving Size:** Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) || **Canned fruit are in natural juices.**