



May Menu



GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Beginner Alternative

| | 4 | 5 | 6 | 7 | 8 |
|------------------|--|--|--|--|---|
| Breakfast | Chef's Choice Day | WG Cereal Oatmeal Bar, 1% Milk | WG Mini Bagel, Cream Cheese, 1% Milk | WG French Toast Sticks, 1/2 Banana, 1% Milk | WG Cereal, Berries, 1% Milk |
| Lunch | Chef's Choice Day | Turkey Tacos on a WG Tortilla (Veggie Crumbles), Cheese, Diced Pears, Lettuce, 1% Milk | WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk | Cheeseburger on WG Bun (Vegetarian Griller), Potato Coins, Diced Peaches, 1% Milk | Pizza, Diced Carrots, Fruit Mix, 1% Milk |
| PM Snack | Chef's Choice Day | Graham Crackers, Strawberry Yogurt, Water | Cucumber Slices, Ranch Dressing, Water | Diced Mandarin Oranges, Animal Crackers, Water | Wheat Thin Crackers, Cheese, Water |
| | 11 | 12 | 13 | 14 | 15 |
| Breakfast | WG Waffle, Mixed Berries, 1% Milk | Diced Mangoes, Yogurt, 1% Milk | WG Cereal, Strawberry Slices, 1% Milk | WG Muffin, Blueberries, 1% Milk | Chef's Choice Day |
| Lunch | WG Cheese Ravioli, Mixed Veggies, Tropical Fruit, 1% Milk | Chicken & Rice Bowl (Veg Crumbles), Diced Peaches, Corn, 1% Milk | WG Chicken Patty (Veg Griller), Diced Carrots, Diced Pears, 1% Milk | Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Potatoes, 1% Milk | Chef's Choice Day |
| PM Snack | WG Graham Crackers, Applesauce, Water | Fresh Apple Slices, Sunbutter, Water - Applesauce, Graham Crackers | Townhouse Crackers, American or Cheddar Cheese Slice, Water | WG Goldfish Crackers, Oranges, Water | Chef's Choice Day |
| | 18 | 19 | 20 | 21 | 22 |
| Breakfast | WG Waffle, Berry Mix, 1% Milk | WG Cereal Oatmeal Bar, 1% Milk | WG Apple Cinnamon Loaf, Tropical Fruit, 1% Milk, | Yogurt, Diced Peaches, 1% Milk | WG Cereal, 1/2 Banana, 1% Milk |
| Lunch | Mac N Cheese with WG Elbows, Broccoli, Diced Peaches 1% Milk | Taco Bowl - Beef/Turkey (Vegan Crumbles), Rice, Corn, Pineapple Tidbits, 1% Milk | Diced Chicken Parm, WG Pasta (Veg Nuggets), Applesauce, Green Beans, 1% Milk | Turkey & Cheese on WG Bread (Cheese), Mixed Veggies, Fruit Cocktail, 1% Milk | WG Pancake, Turkey Sausage Patty, Mandarin Oranges, 1% Milk |
| PM Snack | WG Champ Bites, Mandarin Oranges, Water | Cucumber Slices w/Ranch, Water, Diced Cucumbers | WG Pita, Hummus, Water | Fresh Apple Slices, Sunbutter, Water - Applesauce, Graham Crackers | Oranges, Animal Crackers, Water |
| | 25 | 26 | 27 | 28 | 29 |
| Breakfast | | WG Oatmeal Cereal Bar, 1/2 Orange, 1% Milk | WG Toasted Oats Cereal, 1/2 Banana, 1% Milk | WG French Toast Sticks, 1% Milk | WG Scooters Cereal, 1/2 Banana, 1% Milk |
| Lunch | NO SCHOOL - Memorial Day | WG Tortilla Chicken Quesadillas (Cheese), Broccoli, Diced Pears, 1% Milk, | Diced Turkey (Vegan Crumbles) & Mashed Potatoes, Tropical Fruit, 1% Milk | Grilled Cheese Sammy on WG Bread, Diced Peaches, Corn, 1% Milk | WG Fish Sticks, Potato Coins, Pineapple Tidbits, 1% Milk |
| PM Snack | | WG Cheez Itz, Yogurt, Water | WG Graham Crackers, Applesauce, Water | Mandarin Oranges, Animal Crackers, Water | Townhouse Crackers, American Cheese Slice, Water |

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.