



AUGUST MENU



GREEN = Wheat, Whole-Grain, & Multi-Grain Items

PURPLE = 2 yr old Substitution

RED = Vegetarian Option

Meatless MONDAY 3		Taco TUESDAY 4		Chicken WEDNESDAY 5		Sammy THURSDAY 6		Fun FRIDAY 7	
Breakfast	Chef's Choice Day	WG Cereal Oatmeal Bar, Applesauce, 1% Milk		WG Mini Bagel, Cream Cheese, 1% Milk		WG French Toast Sticks, 1/2 Banana, 1% Milk		WG Blueberry Loaf, Diced Pears, 1% Milk	
Lunch	Chef's Choice Day	Turkey/Beef Tacos on WG Tortilla (Veggie Crumbles), Diced Pears, Lettuce, 1% Milk		WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk		Cheeseburger on WG Bun (Vegetarian Griller), Potato, Diced Peaches, 1% Milk		MYO Pizza, Salad, Fruit Mix, 1% Milk	
PM Snack	Chef's Choice Day	Graham Crackers, Strawberry Yogurt, Water -		Cucumber Slices, Ranch Dressing Water		Wheat Thin Crackers, Mozzarella String Cheese, Water		Frozen Fruit Push Pop Animal Crackers, Water	
Breakfast	WG Waffle, Mixed Berries, 1% Milk	Diced Mangoes, Yogurt, 1% Milk		WG Cereal, Strawberry Slices, 1% Milk		WG Banana Loaf, Blueberries, 1% Milk		WG Cereal, 1/2 Banana, 1% Milk	
Lunch	WG Veggie Eggroll, Sweet Peas, Tropical Fruit, 1% Milk	Chicken Taco, Diced Mango, Corn, 1% Milk		WG Chicken Patty (Vegan Nuggets), Diced Carrots, Diced Pears, 1% Milk		Turkey Burger on WG Bun (Vegetarian Griller), Pineapple Tidbits, Green Beans, 1% Milk		Breakfast for Lunch - WG Pancake, Turkey Sausage Patty (Veggie Crumbles), Mandarin Oranges, 1% Milk	
PM Snack	WG Vanilla Graham Bears, Mandarin Oranges, Water	Fresh Apple Slices, Sunbutter, Water Applesauce, WG Tasteos		Townhouse Crackers, American or Cheddar Cheese Slice, Water		Cucumber Slices, Ranch Dressing, Water - Diced Cucumber Slices		Watermelon Smoothie Bowl, WG Graham Crackers, Water	
Breakfast	Chef's Choice Day	WG Cereal Oatmeal Bar, 1% Milk		WG French Toast Sticks, Berry Mix, 1% Milk		Yogurt, Blueberries, 1% Milk		SCHOOL CLOSED	
Lunch	Chef's Choice Day	WG Pancake "Taco" Turkey Sausage (Vegan Crumbles), Diced Peaches, Sweet Peas, 1% Milk		Roasted Chicken WG Pasta Salad, (Vegan Nuggets), Pineapples, Diced Carrots, 1% milk - Whole Milk		Sloppy Joe Sammy (Vegan Griller), Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk		SCHOOL CLOSED	
PM Snack	Chef's Choice Day	Cucumber Slices w/Ranch, Water, Diced Cucumbers		WG Rice Cake, Sunbutter, Water		Fresh Apple Slices, Mozzarella String Cheese, Water - WG Toasted Oats & Diced Mandarin Oranges		SCHOOL CLOSED	
Breakfast	WG Apple Cinnamon Loaf, Tropical Fruit, 1% Milk	WG Oatmeal Cereal Bar, 1/2 Orange, 1% Milk		WG Cereal, 1/2 Banana, 1% Milk		WG French Toast Sticks, Berries 1% Milk		WG Cereal, 1/2 Banana, 1% Milk	
Lunch	Grilled Cheese on WG Bread, String Beans, Diced Peaches 1% Milk	WG Beef/Turkey Tacos (Vegan Crumbles), Lettuce, Cheese, Applesauce, 1% Milk, Whole Milk		BBQ Chicken on WG Slider (Vegan Nuggets), Peas & Carrots, Tropical Fruit, 1% Milk		Chicken Patty Sammy (Vegan Griller) on WG Bread, Diced Pears, Corn, 1% Milk		Lunchable - WG Flatbread Turk/Cheese Stacker (Cheese), Mixed Veg, Pineapple, 1% Milk	
PM Snack	WG Champ Bites, Mandarin Oranges, Water	Fresh Apple Slices, Sunbutter, Water - Applesauce, Graham Cracker		WG Pretzel, Applesauce, Water WG Vanilla Bear Graham		Townhouse Crackers, American Cheese Slice, Water		Ice Cream Cup, WG Graham Cracker, Water	

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned f