BCDS - 2026 NOVEMBER MENU

GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Beginner Alternative

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
Breakfast	WG Cereal, 1/2 Banana, 1% Milk Whole Milk	WG Spooner Cereal, Strawberry Slices, 1% Milk Whole Milk	WG Cereal Oatmeal Bar, Applesauce, 1% Milk Whole Milk	WG Banana Loaf, Blueberries, 1% Milk Whole Milk	WG Pancake, Berries, 1% Milk Whole Milk
Lunch	Cheese Jumbo Ravioli, Sweet Peas, Tropical Fruit, 1% Milk Whole Milk	Chicken/Cheese/Ranch Snack Wrap Diced Mango, Corn, 1% Milk Whole Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Tropical Fruit, Sweet Peas, 1% Milk Whole Milk	Turkey Burger on WG Bun (Vegetarian Griller), Pineapple, Tidbits, Green Beans 1% Milk Whole Milk	Meatloaf, Mandarin Oranges, Mashed Potatoes, 1% Milk Whole Milk
PM Snack	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs, Applesauce	WG Graham Crackers, Apple Sauce, Water	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber	Animal Cracker, Clementine, Water	That's It Crunchers, WG Graham Crackers, Water
	9	10	11	12	13
Breakfast	WG Cereal Oatmail Baf 1% Milk Whole Milk	WG Waffle, Berry Mix, 1% Milk Whole Milk	BCDS CLOSED	WG French Toast Sticks, 1/2 Banana, 1% Milk	Yogurt, Blueberries, WG Vanilla Graham Bears, 1% Milk Whole Milk
Lunch	WG Chicken Drummies, (Vegan Nuggets), Applesauce, Diced Carrots, 1% milk Whole Milk	Chicken Fajitas on WG Tortilla, Potato Coins, Diced Pears, 1% Milk Whole Milk	**PROFESSIONAL DEVELOPMENT DAY**	Sloppy Joe Sammy , (Vegan Griller) Mixed Veggies, Fruit Cocktail, 1% Milk	Cheeseburger on WG Bun (Veg Griller), Potato Coins, Diced Peaches, 1% Milk
PM Snack	WG Rice Cake, Sunbutter, Applesauce, Water	Cucumber Slices, Tzatziki Dip, Water - WG Toasted Oaks	BCDS CLOSED	Fresh Apple Slices, Mozzarella String Cheese, Water - Diced Apples	Wheat Thin Crackers, Mozzarella String Cheese, Water - WG Toasted Oats & Apple Sauce
	16	17	18	19	20
Breakfast	Cinnamon Raisin Toast, Tropical Fruit, 1% Milk Whole Milk	WG Toaste Oats Cereal, 1/2 Banana, 1% Milk Whole Milk	WG Apple Cinnamon Loaf, Tropical Fruit, 1% Milk Whole Milk	WG Blueberry Loaf, Diced Pears, 1% Milk	WG Cereal Oatmeal Bar, Applesauce, 1% Milk Whole Milk
Lunch	Grilled Cheese on WG Bread, String Beans, Diced Peaches 1% Milk Whole Milk	Chicken Teriyaki Wrap, Broccoli, Mandarin Oranges, 1% Milk Whole Milk	Mac N Cheese with WG Elbows, Broccoli, Diced Peaches 1% Milk Whole Milk	Rice, Beans, Fruit Mix, 1% Milk Whole Milk	**THANKSGIVING LUNCHEON**
PM Snack	WG All Sport Bites, Mandarin Oranges, Water- Banana Snack Puffs	That's It Apple/Banana Fruit Bar, Water	WG Pizza Crackers , Mandarin Oranges, Water Banana Snack Puffs	That's It Fruit Bar, Animal Crackers, Water	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber
	23	24	25	26	27
Breakfast	**Chef's Choice Day**	WG Mini Bagel, Cream Cheese, 1% Milk Whole Milk	WG Oatmeal Cereal Bar, 1/2 Orange, 1% Milk Whole Milk		
Lunch	**Chef's Choice Day**	Turkey/Beef Tacos on WG Tortilla (Veggie Crumbles), Diced Pears, Green Beans, 1% Milk	Chicken Mashed Potato Bowl, Gravy, Tropical Fruit, 1% Milk Whole Milk	**SCHOOL CLOSED - THANKSGIVING BREAK**	**SCHOOL CLOSED - THANKSGIVING BREAK**
PM Snack	**Chef's Choice Day**	Graham Crackers, Strawberry Yogurt, Water	**Chef's Choice Day**		